

# NSCHSAA Girls Freshman and Sophomore League Championships

## At St. John the Baptist DHS – Wednesday May 10, 2023 - Starting at 4:45

### FIELD EVENTS

**4:45pm Long Jump FIRST:**


**Triple Jump After Long Jump:**


**Shot Put:                      Discus**

**4:45 pm High Jump 4' starting height**


### RUNNING EVENTS

**4:45 PM 2000m Steeplechase**


**100m Dash: Trials**


**100m High Hurdles: Final on Time**


**400m Run:**

**00m Finals**


**1500m Run:**


**800m Run:**

**200m Dash:**


**3000m Run**


**400m Hurdles**


**4x800m Relay:**

**4x100m Relay:**


**4x400m Relay**
